

## Athletics Day 2018 / Atletiekdag 2018

### Programme / Program

08:00 – Leerlinge na registerklas

08:10 – Huise op sitplek

08:25 – Opening

|    |       |              |             |    |       |              |             |
|----|-------|--------------|-------------|----|-------|--------------|-------------|
| 1  | 08:30 | High Jump A  | Girls /13   | 27 | 10:45 | Verspring A  | Dogters /11 |
| 2  | 08:30 | Hoogspring B | Seuns /13   | 28 | 10:45 | High Jump A  | Boys /10    |
| 3  | 08:30 | Long Jump A  | Girls /12   | 29 | 10:45 | Verspring B  | Seuns /11   |
| 4  | 08:30 | Verspring B  | Seuns /12   | 30 | 10:45 | High Jump B  | Girls /10   |
| 5  | 08:30 | Shot Put A   | Boys /11    | 31 | 10:45 | Gewigstoot A | Seuns /12   |
| 6  | 08:30 | Gewigstoot B | Dogters /11 | 32 | 10:45 | Shot Put B   | Girls /12   |
| 7  | 08:50 | 800m         | Boys /10    | 33 | 10:45 | 80m          | Boys /7     |
| 8  | 08:55 | 800m         | Dogters /10 | 34 | 10:50 | 80m          | Dogters /7  |
| 9  | 09:00 | 800m         | Boys /11    | 35 | 10:55 | 80m          | Boys /8     |
| 10 | 09:05 | 800m         | Dogters /11 | 36 | 11:00 | 80m          | Dogters /8  |
| 11 | 09:10 | 800m         | Boys /13    | 37 | 11:05 | 80m          | Boys /9     |
| 12 | 09:15 | 800m         | Dogters /13 | 38 | 11:10 | 80m          | Dogters /9  |
| 13 | 09:20 | 800m         | Boys /12    | 39 | 11:15 | 80m          | Girls /10   |
| 14 | 09:25 | 800m         | Dogters /12 | 40 | 11:20 | 80m          | Boys /10    |
| 15 | 09:30 | Long Jump A  | Girls /13   | 41 | 11:25 | 80m          | Seuns /11   |
| 16 | 09:30 | Verspring B  | Seuns /13   | 42 | 11:25 | Long Jump A  | Boys /10    |
| 17 | 09:30 | High Jump A  | Girls /12   | 43 | 11:25 | Verspring B  | Dogters /10 |
| 18 | 09:30 | Hoogspring B | Seuns /12   | 44 | 11:25 | Hoogspring A | Seuns /11   |
| 19 | 09:30 | Shot Put A   | Boys /10    | 45 | 11:25 | High Jump B  | Girls /11   |
| 20 | 09:30 | Gewigstoot B | Dogters /10 | 46 | 11:25 | Gewigstoot A | Seuns /13   |
| 21 | 09:45 | 50m          | Girls /7    | 47 | 11:25 | Shot Put B   | Girls /13   |
| 22 | 09:50 | 50m          | Seuns /7    | 48 | 11:30 | 80m          | Dogters /11 |
| 23 | 09:55 | 50m          | Girls /8    | 49 | 11:35 | 80m          | Boys /12    |
| 24 | 10:00 | 50m          | Seuns /8    | 50 | 11:40 | 80m          | Dogters /12 |
| 25 | 10:05 | 50m          | Girls /9    | 51 | 11:45 | 80m          | Girls /13   |
| 26 | 10:10 | 50m          | Seuns /9    | 52 | 11:50 | 100m         | Boys /13    |
|    |       |              |             | 53 | 11:55 | 100m         | Seuns /10   |
|    |       |              |             | 54 | 12:00 | 100m         | Girls /10   |
|    |       |              |             | 55 | 12:05 | 100m         | Seuns /11   |
|    |       |              |             | 56 | 12:10 | 100m         | Girls /11   |
|    |       |              |             | 57 | 12:15 | 100m         | Seuns /12   |
|    |       |              |             | 58 | 12:20 | 100m         | Girls /12   |
|    |       |              |             | 59 | 12:25 | 100m         | Dogters /13 |
|    |       |              |             | 60 | 12:30 | 120m         | Boys /13    |

**Pouse / Break 30 min**

*Prize Giving will commence at 12:40*

*Prysuitdeling sal om 12:40 begin*