

Athletics Day 2017 / Atletiekdag 2017

Programme / Program

08:00 – Leerlinge na registerklas

08:10 – Huise op sitplek

08:25 – Opening

1	08:30	High Jump A	Girls /13	27	10:45	Verspring A	Dogters /11
2	08:30	Hoogspring B	Seuns /13	28	10:45	High Jump A	Boys /10
3	08:30	Long Jump A	Girls /12	29	10:45	Verspring B	Seuns /11
4	08:30	Verspring B	Seuns /12	30	10:45	High Jump B	Girls /10
5	08:30	Shot Put A	Boys /11	31	10:45	Gewigstoot A	Seuns /12
6	08:30	Gewigstoot B	Dogters /11	32	10:45	Shot Put B	Girls /12
7	08:50	800m	Boys /10	33	10:45	80m	Boys /7
8	08:55	800m	Dogters /10	34	10:50	80m	Dogters /7
9	09:00	800m	Boys /11	35	10:55	80m	Boys /8
10	09:05	800m	Dogters /11	36	11:00	80m	Dogters /8
11	09:10	800m	Boys /13	37	11:05	80m	Boys /9
12	09:15	800m	Dogters /13	38	11:10	80m	Dogters /9
13	09:20	800m	Boys /12	39	11:15	80m	Girls /10
14	09:25	800m	Dogters /12	40	11:20	80m	Boys /10
15	09:30	Long Jump A	Girls /13	41	11:25	80m	Seuns /11
16	09:30	Verspring B	Seuns /13	42	11:25	Long Jump A	Boys /10
17	09:30	High Jump A	Girls /12	43	11:25	Verspring B	Dogters /10
18	09:30	Hoogspring B	Seuns /12	44	11:25	Hoogspring A	Seuns /11
19	09:30	Shot Put A	Boys /10	45	11:25	High Jump B	Girls /11
20	09:30	Gewigstoot B	Dogters /10	46	11:25	Gewigstoot A	Seuns /13
21	09:45	50m	Girls /7	47	11:25	Shot Put B	Girls /13
22	09:50	50m	Seuns /7	48	11:30	80m	Dogters /11
23	09:55	50m	Girls /8	49	11:35	80m	Boys /12
24	10:00	50m	Seuns /8	50	11:40	80m	Dogters /12
25	10:05	50m	Girls /9	51	11:45	80m	Girls /13
26	10:10	50m	Seuns /9	52	11:50	100m	Boys /13
				53	11:55	100m	Seuns /10
				54	12:00	100m	Girls /10
				55	12:05	100m	Seuns /11
				56	12:10	100m	Girls /11
				57	12:15	100m	Seuns /12
				58	12:20	100m	Girls /12
				59	12:25	100m	Dogters /13
				60	12:30	120m	Boys /13

Pouse / Break 30 min

Prize Giving will commence at 12:40

Prysuitdeling sal om 12:40 begin