



Team report for Nelson Mandela Metro (NMM)

No	Name	Surname	Gen	Age	Event	Result	Plc
	Wernich	VAN RENSBURG	B	13	46 - 80mH	10.65	1
	Asivile	KUNDAYI	B	13	39 - 1500mW	8:20.03	6
	Luvuyo	NKOMPHELA	B	13	64 - 200m	24.06	2
	Luvuyo	NKOMPHELA	B	13	46 - 80mH	12.17	4
	Wernich	VAN RENSBURG	B	13	81 - 200mH	28.19	1
	Nduka Emmanuel	OGUEBIE	B	11	26 - 100m	12.50	1
	Luvuyo	NKOMPHELA	B	13	30 - 100m	11.78	2
	Elandré	BEAUZEC	B	11	74 - SP	10.71	1
	Armand	VAN RENSBURG	B	11	60 - 70mH	11.97	3
	Olona Kenneth	TAMSE	B	11	53 - 1200m	3:51.56	1
	Anrich	KNOETZE	B	10	56 - 70mH	13.13	2
	Alakhe	LAMANI	B	10	11 - 1200m	3:58.41	2
	Rémy	HEYMANS	B	11	74 - SP	10.18	2
	Onke-Ovayo	PILISO	B	12	62 - 150m	18.91	1
	Tunesian	BASSON	B	11	60 - 70mH	12.41	5
	Onke-Ovayo	PILISO	B	12	28 - 100m	12.56	2
	Marzanno	SEEKOEI	B	11	26 - 100m	13.00	2
	Reinhart Jandré	VILJOEN	B	10	3 - SP	8.54	1
	Marzanno	SEEKOEI	B	11	16 - 80m	10.63	2
	Onke-Ovayo	PILISO	B	12	65 - LJ	4.97	3
	Arno Zac	SEAL	B	13	87 - SP	11.28	1
	Ethan	TERBLANCHE	B	10	56 - 70mH	13.97	6
	Keanu Chad	BRUINTJIES	B	12	98 - SP	11.47	1
	Ayavuya	MAKASI	B	12	65 - LJ	4.96	4
	Nduka Emmanuel	OGUEBIE	B	11	16 - 80m	10.75	3
	Arno Francois	VOSLOO	B	12	49 - 75mH	13.42	3
	A	MGXASHE	B	13	20 - LJ	5.30	3
	Janu	VAN JAARVELD	B	12	45 - HJ	1.45	2
	Soyama	GXOGXO	B	11	10 - LJ	4.50	2
	Matthew	HEATH	B	11	74 - SP	9.45	3
	Paul Lelethu	MOOLMAN	B	13	84 - HJ	1.50	5
	Tiaart	VAN TONDER	B	12	70 - 150mH	24.35	6
	Tunesian	BASSON	B	11	18 - HJ	1.35	1
	Babalo Olwakhe	APRIL	B	10	42 - LJ	3.98	2
	Ei-Sandro Cowin	BRUINTJIES	B	11	10 - LJ	4.37	4
	Jay-Dee	SMIT	B	13	81 - 200mH	31.41	6
	Keanu Chad	BRUINTJIES	B	12	48 - DT	37.30	1
	Zac	VAN DER WESTHUIZEN	B	10	3 - SP	7.26	3
	Dennis Andrew	HUTCHISON	B	12	98 - SP	9.86	3
	Luvuyo	NKOMPHELA	B	13	20 - LJ	4.95	5



Team report for Nelson Mandela Metro (NMM) Page 2

No	Name	Surname	Gen	Age	Event	Result	Plc
	Casper Jan Hendrik	FOUCHÉ	B	12	50 - JT	30.25	2
	Luhle	HARMANS	B	10	58 - HJ	1.20	4
	Juan	DU PLESSIS	B	11	18 - HJ	1.25	4
	Liam Warren	LIGHTLEY	B	10	42 - LJ	3.70	6
	Daniel	DOLD-CHAPMAN	B	10	58 - HJ	1.15	6
	Divan	LAMBRECHT	B	12	50 - JT	27.01	3
	Vincent	MCLEOD	B	12	48 - DT	28.80	2
	Jan Bernard	MARAIS	B	12	70 - 150mH	29.58	9
	Sihle	MBLATSHWA	B	11	18 - HJ	1.15	6
	Amandla Monde	TYALI	B	13	7 - JT	31.80	2
	Ruan	BEZUIDENHOUT	B	13	95 - DT	25.83	2
	Okuhle Aphelele	NKENGANA	B	13	95 - DT	24.29	4
	Darren Ian	TAIT	B	13	7 - JT	28.95	3
	Leighvin Denven	ARENDS	B	12	28 - 100m		
	Sharnwin Caleb	BORCHERDS	B	13	84 - HJ		
	Likamva	HODO	B	12	44 - 1200m		
	Gerhard	KAPP	B	12	49 - 75mH		
	Phillip	KAPP	B	12	45 - HJ		
	Stéfan Horst	KÖHLER	B	13	84 - HJ		
	Tobie	LE GRANGE	B	12	45 - HJ		
	Liam Warren	LIGHTLEY	B	10	58 - HJ		
	Ayavuya	MAKASI	B	12	62 - 150m		
	Tebogo Vuyisile	MOOI	B	13	39 - 1500mW		
	Siphenkosi	MPATI	B	11	53 - 1200m		
	Jaden Joshua	NEETHLING	B	13	64 - 200m		
	Kent Quean	NEFF	B	12	45 - HJ		
	Sonwabiso	SAME	B	13	6 - 800m		
	Sonwabiso	SAME	B	13	22 - 1500m		
	Shelden	SMITH-SHEDDEN	B	13	87 - SP		
	Heike	GROENEWALD	G	13	41 - SP	11.83	1
	Anri	KNOETZE	G	13	41 - SP	11.64	2
	Kelly	GOUWS	G	11	17 - SP	9.45	1
	Ilke	DOUGLAS	G	12	57 - SP	10.51	1
	Deané	SLABBERT	G	12	57 - SP	10.46	2
	Anneke	VAN HEERDEN	G	10	8 - SP	8.15	2
	Biancé	DU PLESSIS	G	13	29 - 100m	12.62	1
	Annestaysha	GEORGE	G	13	63 - 200m	26.97	1
	Carla	SMITH	G	11	17 - SP	8.51	3
	Ashlyn Margo	EKSTEEN	G	13	29 - 100m	12.78	2
	Anri	KNOETZE	G	13	68 - DT	38.35	1



Team report for Nelson Mandela Metro (NMM) Page 3

No	Name	Surname	Gen	Age	Event	Result	Plc
	Angelique	ROODT	G	13	97 - JT	31.35	1
	Mia	VERMAAK	G	10	2 - LJ	4.15	1
	Cor-Alé	VAN HEERDEN	G	13	97 - JT	31.30	2
	Störm	DARLOW	G	12	57 - SP	9.10	5
	Ngazo Inam	NTONI	G	10	8 - SP	7.10	5
	Biancé	DU PLESSIS	G	13	63 - 200m	27.83	3
	Danielle	HONIBALL	G	13	5 - 800m	2:29.06	1
	Kaylee	VAN DYK	G	13	80 - 200mH	32.84	2
	Anika	DE RIDDER	G	12	51 - 75mH	13.34	4
	Heike	GROENEWALD	G	13	68 - DT	36.49	2
	Anke	SERFONTEIN	G	13	21 - 1500m	5:10.90	5
	Mia	VERMAAK	G	10	55 - 70mH	13.31	1
	Kaylee	VAN DYK	G	13	47 - 75mH	13.04	3
	Thriscka	STAPELBERG	G	13	47 - 75mH	13.17	4
	Aganathi	NTUNJA	G	11	59 - 70mH	13.02	3
	Charlyne Alexis	NHLAPO	G	11	15 - 80m	10.72	1
	Donna-Leigh Petro	DOUGLAS	G	12	27 - 100m	13.56	3
	Charlyne Alexis	NHLAPO	G	11	25 - 100m	13.75	2
	Ambesa	KITSANA	G	11	54 - LJ	4.43	1
	Kyra Marè	OOSTHUIZEN	G	13	80 - 200mH	34.71	7
	Asenathi	JACOBS	G	10	23 - 100m	14.00	2
	Kaylan	NEED	G	12	19 - JT	22.42	2
	Donna-Leigh Petro	DOUGLAS	G	12	69 - 150mH	26.56	4
	Lara	KLEINHANS	G	12	51 - 75mH	14.28	6
	Chelsea	STREET	G	10	55 - 70mH	14.16	5
	Donna-Leigh Petro	DOUGLAS	G	12	61 - 150m	20.77	3
	Deané	SLABBERT	G	12	1 - DT	30.08	1
	Terryn	DELPORT	G	10	23 - 100m	14.40	3
	Terryn	DELPORT	G	10	13 - 80m	11.40	2
	Sinesipho Lebohang	JOHNSON	G	11	59 - 70mH	14.25	5
	Keira	VAN HEERDEN	G	10	2 - LJ	3.87	3
	Caitlin	FRANKS	G	12	61 - 150m	21.30	5
	Ilke	DOUGLAS	G	12	1 - DT	28.55	2
	Emily	HEATH	G	11	9 - HJ	1.35	1
	Maria Elizabeth	VENTER	G	13	4 - HJ	1.45	3
	Keira	VAN HEERDEN	G	10	23 - 100m	15.50	5
	Catinka	FOURIE	G	12	19 - JT	17.51	4
	Marelize	SAUNDERS	G	12	69 - 150mH	31.56	9
	Jessica	STRYDOM	G	10	96 - HJ	1.18	2
	Keira	VAN HEERDEN	G	10	96 - HJ	1.18	1



Team report for Nelson Mandela Metro (NMM) Page 4

No	Name	Surname	Gen	Age	Event	Result	Plc
	Störm	DARLOW	G	12	1 - DT	23.80	3
	Kaydi	DU TOIT	G	12	71 - HJ	1.35	3
	Karla	STRYDOM	G	12	71 - HJ	1.35	2
	Tanith	MORETON	G	13	4 - HJ	1.40	4
	Olivia	DU PLESSIS	G	11	9 - HJ	1.25	3
	Danika	MARAIS	G	13	4 - HJ	1.35	6
	Dané	VAN DYK	G	13	94 - LJ	4.30	6
	Kaylan	NEED	G	12	71 - HJ	1.25	4
	Chené Danielle	RUDMAN	G	13	94 - LJ	4.10	8
	Danell	BOTHA	G	11	54 - LJ		
	Caitlin	FRANKS	G	12	27 - 100m		
	Uyathandwa	FUNDE	G	12	79 - LJ		
	Asenathi	GROOTBOOM	G	13	40 - 1500mW		
	Asakhe	JOBO	G	13	40 - 1500mW		
	Siyamthanda	MASIBA	G	11	52 - 1200m		
	Angelique	ROODT	G	13	68 - DT		
	Anke	SERFONTEIN	G	13	94 - LJ		
	Edon	SNYMAN	G	12	79 - LJ		
	Qhama	TONI	G	10	13 - 80m		
	Cor-Alé	VAN HEERDEN	G	13	68 - DT		
10	B	Relays	4x10 0m	59.7 2	3	671	
10	G	Relays	4x10 0m	1:00. 13	1	715	
11	B	Relays	4x10 0m	56.3 2	3	700	
11	G	Relays	4x10 0m				
12	B	Relays	4x10 0m	52.1 5	1	778	
12	G	Relays	4x10 0m				
13	B	Relays	4x10 0m	52.1 5	3	747	
13	G	Relays	4x10 0m	55.7 5	1	799	

Medals (excluding relays) - Gold: 26 Silver: 29 Bronze: 22