

2026 Aftercare Menu

MONDAY	• Toasted Chicken and Mayo • Cheese or Ham sandwiches • Cheese spread / Chocolate spread sandwiches (every now and again)
TUESDAY	• Macaroni and Cheese • Spaghetti Bolognese
WEDNESDAY	• Mild Curry Mince and Rice • Chip Roll
THURSDAY	• Chicken strips and Chips • Chicken ala King and Rice
FRIDAY	• Hot dogs / Vetkoek with jam or cheese”/ “Pizza”