

EASTERN CAPE PRIMARY SCHOOL ATHLETICS PROVINCIAL CHAMPIONSHIPS

TRACK AND FIELD PROGRAMME 03 March 2018

DAY ONE

ITEM NO	TIME	GENDER	ITEM	MAT FIT	HEAT/ FINAL
1	14 : 00	Girls- 12	DT- 750 g		Final
2	14 : 00	Girls -10	Long Jump		Final
3	14:00	Boys-10	Shot Put-2 kg		Final
4	14:00	Girls -13 & (LSEN)	High Jump		Final
5	14 : 15	Girls- 13 & (LSEN)	800 m		Semi finals
6	14 : 30	Boys -13 & (LSEN)	800 m		Semi finals
7	15:00	Boys -13 LSEN	JT- 600 g		Final
8	15 : 00	Girls - 10	Shot Put— 2 kg		Final
9	15:00	Girls -11	High Jump		Final
10	15:00	Boys-11	Long Jump		Final
11	15 : 10	Boys- 10	1200 m		Semi finals
12	15:25	Girls - 10	1200 m		Semi finals
13	15: 45	Girls- 10	80m		Heats
	15 : 50	Boys- 10	80m		Heats
15	15: 55	Girls - 11	80m		Heats
16	16 :00	Boys-11	80 m		Heats
17	16: 10	Girls -11	Shot Put— 2 kg		Final
18	16 : 10	Boys- IIS	High Jump		Final
19	16:10	Girls - 12	Javelin Throw- 500g		Final
20	16:10	Boys - 13 & (LSEN)	Long Jump		Final
Medal Presentation	Item no	1,2,3,4,7,8,9,10	17,18,19,20		
21	16 : 10	Girls - 13 LSEN	1500 m		Semi finals
22	16 : 15	Boys -13 LSEN	1500 m		Semi finals
23	16 :25	Girls- 10	100 m		Heats
24	16 : 30	Boys- 10	100 m		heats
25	16 : 35	Girls - 11	100 m		Heats
26	16 : 40	Boys -11	100 m		Heats
27	16 : 45	Girls -12	100 m		Heats
28	16 : 50	Boys- 12	100 m		Heats
29	16 : 55	Girls-13 LSEN	100 m		Heats
30	17:00	Boys- 13 LSEN	100 m		Heats

31	17 : 10	Girls - 10	4 x 100 m		Final
32	17 : 15	Boys-10	4 x 100 m		Final
33	17:20	Girls-11	4 x 100 m		Final
34	17 : 25	Boys-11	4 x 100 m		Final
35	17:30	Girls- 12	4 x 100 m		Final
36	17:35	Boys- 12	4 x 100 m		Final
37	17: 40	Girls- 13 & (LSEN)	4 x 100 m		Final
38	17:45	Boy-13& (LSEN)	4× 100 m		Final
39	17:50	Boys-13 & (LSEN)	1500 m Race Walk		Final
Medal Presentation	31,32,33,34	35,36,37,37,38,39			
18:00 TO 19:00 OFFICIAL OPENING					

EASTERN CAPE PRIMARY SCHOOL ATHLETICS PROVINCIAL CHAMPIONSHIPS TRACK AND FIELD PROGRAMME

DAY 2 -03 MARCH 2018

ITEM NO	TIME	GENDER	ITEM	MAT FIT	HEAT/ FINAL
40	07:45	Girls -13 &(LSEN)	1500m Race Walk		Final
41	08:00	Girls -13 & (LSEN)	Shot Put -3kg		Final
42	08:00	Boys -10	Long Jump		Final
43	08:00	Girls-12	1200 m		Semi -Final
44	08:05	Boys -12	1200 m		Semi -Final

45	08:05	Boys-12	High Jump		Final
46	08:15	Boys-13 & (LSEN)	80m Hurdles	76.2cm	Final
47	08:20	Girls-13 & (LSEN)	75 m Hurdles	76.2 cm	Final
48	08:20	Boys -12	Discus Throw		Final
49	08:25	Boys-12	75m Hurdles	76.2 cm	Final
50	08:25	Boys-12	Javelin Throw -500g		Final
51	08:30	Girl -12	75m Hurdles	68.0cm	Final
52	08:35	Girl-11	1200m		Semi finals
53	08:40	Boys-11	1200m		Semi finals
54	08:40	Girls-11	Long Jump		Final
55	08:45	Girls-10	70m Hurdles	68,0 cm	Final
56	8:50	Boys-10	70m Hurdles	68,0cm	Final
57	08:55	Girls -12	Shot Put 3kg		Final
58	08:55	Boys-10	High Jump		Final
59	09:00	Girls-11	70m Hurdles	68,0cm	Final
60	09:05	Boys-10	70m Hurdles	68,0cm	Final
61	09:10	Girls-12	150m		Heats
62	09:15	Boys-12	150m		Heats
63	09:20	Girls-13&(LSEN)	200m		Heats
64	09:25	Boys-13 & (LSEN)	200m		Heats
Medal Presentation	Item no	40,41,42,45,46,47,48	49,50,51,54,55,56,57,58 59,60		
65	09:30	Boys-12	Long Jump		Final
66	09:30	Girls-10	1200m		Final
67	09:35	Boys-10	1200m		Final
68	09:35	Girls-13&(LSEN)	Discus Throw- 0,750g		Final
69	09:40	Girls-12	150m Hurdles	68,0cm	Final
70	09:45	Boys-12	150m Hurdles	68,0cm	Final

71	09:10	Girls-12	High Jump		Final
72	09:50	Girls-10	80m		Final
73	09 : 55	Boys -10	80 m		Final
74	10 :00	Boys -11	Shot Put — 2 kg		Final
75	10 : 05	Girls — 11	80m		Final
76	10 : 10	Boys -11	80m		Final
77	10 : 15	Girls -13 LSEN	1500 m		Final
78	10 : 20	Boys -13 LSEN	1500 m		Final
79	10 : 20	Girls - 12	Long Jump		Final
80	10 : 25	Girls - 13 LSEN	200 m Hurdles	68,0cm	Final
81	10 : 30	Boys – 13 LSEN	200 m Hurdles	68,0cm	Final
Medal presentation	Item no	65,66,67,68,67,68,69,	70,71,72,73,74,75,76,77	78,79,80,81	
82	10 : 35	Girls - 10	100 m		Final
83	10 40	Boys -10	100 m		Final
84	10 : 45	Boys- 13 & LSEN	High Jump		Final
85	10 : 50	Girls - 11	100 m		Final
86	10 : 55	Boys — 11	100 m		Final
87	11 :00	Boys - 13 & (LSEN)	Shot Put -4 kg		Final
88	11 : 05	Girls - 13 & LSEN	800 m		Final
89	11 : 10	Boys- 13 LSEN	800 m		Final
90	11: 15	Girls - 12	100 m		Final
91	11 : 20	Boys - 12	100 m		Final
92	11 : 25	Girls - 13 LSEN	100 m		Final
93	11 : 30	Boys- 13 LSEN	100 m		Final
94	11 : 35	Girls - 13 LSEN	Long Jump		Final
95	11 : 40	Boys - 13	Discus Throw — 1 kg		Final
Medal presentation	Item no	82,83,84,85,86,87,88,	89,90,91,92,93,94,95,		
96	11:40	Girls 10	High Jump		Final
97	11:40	Girls-13 LSEN	Javelin Throw- 500g		Final
98	11 : 40	Boys-12	Shot Put		Final
99	11:55	Girls -12	1200 m		Final
100	12 : 05	Boys -12	1200 m		Final
101	12 : 15	Girls -12	150 m		Final
102	12 : 20	Boys- 12	150 m		Final
103	12 : 25	Girls- 11	1200 m		Final
104	12 : 35	Boys - 11	1200 m		Final

105	12 : 40	Girls-13 LSEN	200 m		Final
106	12 : 45	Boys -13 LSEN	200m		Final
Madal presaeantation		Item no: 96,97,98,99,100,101,102,103,104,105,106			